

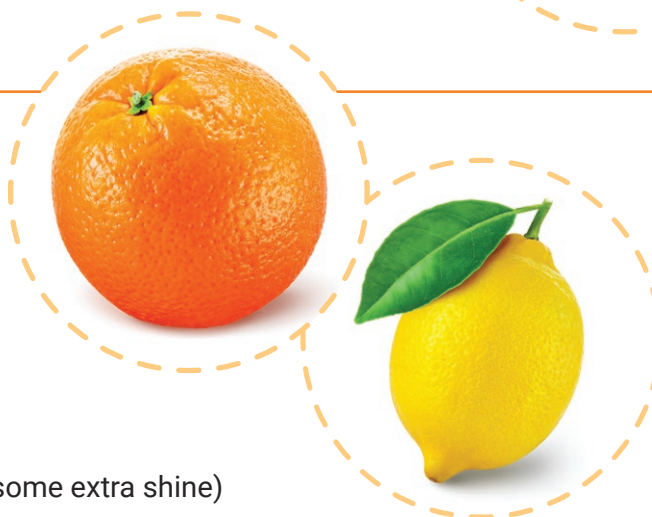
# Oranges and Lemons

## Modelling Dough Recipe



### You will need:

- 2 cups plain flour
- 2 tbsp vegetable oil
- $\frac{1}{2}$  cup salt
- 2 tbsp cream of tartar
- Up to 1.5 cups boiling water
- Yellow/orange food colouring
- Few drops glycerine (to give the dough some extra shine)
- Food flavourings - orange or lemon extract



### Method:

1. Mix together the plain flour, salt, cream of tartar and oil in a large mixing bowl. If you would like your dough to have a little extra shine, then add the glycerine as well.
2. Add some drops of yellow or orange food colouring to one cup of boiling water. If you would like your dough a deeper shade of yellow or orange, add more drops.
3. Next, add a couple of drops of your chosen food flavouring (lemon or orange extract) to the mixture to provide the dough with a lovely citrus scent.
4. Stir the mixture well until it is combined together. Add more water to the mixture if required to provide you with a good consistency of dough.
5. Once you feel that the dough is cool enough to touch, place it on a flat surface. Knead until the dough is smooth and stretchy.
6. The Orange and Lemons Modelling Dough is now ready for learners to discover, manipulate and play with.

**Please note:** If you have chosen to make orange dough with orange extract, then please repeat the steps once again to create a lemon version of the dough. As a result, you will have then created both the orange and lemon-scented dough for learners to explore.

**Disclaimer:** Twinkl is not responsible for the health and safety of your group or environment. Sensory activities can engage children in their play and learning, but supervising adults should check for allergens and assess any potential risks before an activity and only proceed if it is safe to do so. If you are unsure, always speak to a suitably qualified health professional. The final product in this resource is not intended to be eaten and it is your responsibility to ensure the safety of your wards.

Raw flour, like other raw products, may contain harmful bacteria. Heat treating the raw flour may make it safer in the event of accidental consumption; however, this is not guaranteed. Adult supervision and discretion are necessary while using recipes that use raw flour. Learners should wash their hands before and after handling raw flour. You must ensure that an adequate risk assessment is carried out prior to using this resource. It is your responsibility to ensure that the information/activity this resource contains is safe and appropriate to use in your situation. Twinkl is not responsible for the health and safety of your group or environment. Please be aware that children under the age of three will need to be supervised at all times due to potential hazards with handling and exploring sensory objects.